

## Young at Heart Day Trips

All trips require a reservation.

**Registration for September and October Day Trips** opens **Monday, August 6:**

8:30am City Residents ONLY will have opportunity to register;	10:30am Fairfax County and Senior Center members register;	12:30pm Open registration for All 55+ seniors and online begins
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**Registration for November and December Day Trips** opens **Monday, October 1** with the same time frames.

**Payment is due at time of registration** unless placed on a wait list. All day Trips include trip escort and round-trip CUE bus transportation from Green Acres Center.






**If you sign up, show up!** Please arrive 15-30 minutes before departure to check-in with your City of Fairfax Senior Center membership card or identification (for a free membership card for Fairfax City or County residents, please arrive 30-45 minutes ahead with a valid ID to complete registration form; \$5/day fee for others).

**Cancellation Policy:** *If the City of Fairfax Parks and Recreation Department cancels a trip, a full refund will be given.* No refunds given on tickets already purchased, unless a replacement can be found from the waitlist. **Participants who request a refund must fill out a Refund Request form one week prior to the event to be considered for a refund and will be charged a \$10 fee per individual, per trip, to process the refund.** The \$10 refund fee will be waived for medical and emergency situations with approval of the Recreation Manager and completed refund form.







**Inclement Weather:** Each day trip will be individually decided based on CUE bus availability and other factors; staff will notify participants. **Note:** Due to conditions beyond our control, it is sometimes necessary to adjust itineraries and change meal selections.

**For further trip information,** please check website ([www.fairfaxva.gov/government/parks-recreation/senior-center](http://www.fairfaxva.gov/government/parks-recreation/senior-center)) or call Green Acres Center: 703-273-6090.


*Trip Flyers will be available at the Senior Center and online with current updates.*

	Lunch Included in Trip		Uneven Walking
	Bring \$ for Lunch/Shopping	<b>SG/GT</b>	Self-Guided Tour/ Guided Tour
	Ticketed Event		Mainly Walking/Standing

### SEPTEMBER 2018 TRIPS




 	<b>A Day at the Beach! (Rehoboth, DE or Lewes, DE)</b> Pack your sunscreen, sunglasses and beach bag for a day trip to Rehoboth Beach or Lewes! You can stroll the Rehoboth boardwalk and beach or continue to Lewes to explore the charming historic downtown area. Bring money for meals and snacks. Trip is rain or shine. Transportation will be provided by motor coach bus with a restroom. Wednesday, September 12      Depart: 8:00 am      Approximate Return: 7:00 pm	\$53
  <b>GT</b>	<b>Cobbler Mountain Cellars (Delaplane, VA)</b> Cool off in the foothills of Virginia's Blue Ridge at beautiful Cobbler Mountain Cellars. Tour of cidery and catered pulled pork BBQ lunch included; optional tasting of their award-winning ciders: Gold Level Winner, Best Cidery Northern Region. Bring money for hard cider tastings. Wednesday, September 19      Depart: 11:00 am      Approximate Return: 3:00 pm	\$47
  <b>SG</b>	<b>Covered Bridges of Maryland (Frederick, MD)</b> Let us do the driving to the picturesque covered bridges of the Frederick area: Utica Mills, Loys Station, Roddy Road, and Baker Park bridges. Don't forget your camera! Bring money for ice cream or candy – midday lunch included at Shamrock Restaurant in Thurmont, MD. Wednesday, September 26      Depart: 9:00 am      Approximate Return: 4:00 pm	\$48

### OCTOBER 2018 TRIPS



	<b>NSO Coffee Concert at the Kennedy Center - Tchaikovsky's Fifth and Mozart (DC)</b> Hear beloved pianist Emanuel Ax, renowned for his poetic performances, in Mozart's popular Piano Concerto No. 17 in a program conducted by John Storgards that also features Tchaikovsky's Fifth Symphony and a work by Silvestrov. Bring money for breakfast and coffee in the KC Café prior to the performance. Friday, October 5      Depart: 9:30 am      Approximate Return: 2:00 pm	\$67
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 <b>GT</b>	<b>The Wharf and the Draken Harald Harfagre Viking Ship (Washington, DC)</b> Come see the world's largest Norwegian Viking sailing ship in modern times as it makes a special visit to The Wharf. Marvel at the 25 pairs of oars and 115 foot boat length, as you listen to the crew share stories of their voyages aboard this unique vessel. Next explore and dine in DC's newest waterfront retail and restaurant development. Wednesday, October 10      Depart: 10:00 am      Approximate Return: 3:00 pm	\$25
 <b>GT</b>	<b>Graves Mountain Lodge (Syria, VA)</b> This Lodge has stunning views of the Blue Ridge Mountains as they change over to their striking fall colors. We'll eat a tasty homemade family-style fried chicken lunch and then head over to the barn to see the farm animals. Our final stop is the packing shed for apple purchases before departing – bring some money! Lunch included. Wednesday, October 17      Depart: 9:30am      Approximate Return: 5:30 pm	\$47
 <b>GT</b>	<b>San Francisco Ballet Open Rehearsal at the Kennedy Center (Washington, DC)</b> Get an insider's look at the ballet as they prepare onstage during a working rehearsal for a performance. Use a headset to listen to dance scholars provide commentary about the choreography, dancers, and history of the art form as the San Francisco Ballet rehearses on stage. Seating is in first tier only. Bring money for lunch on your own in the KC Café prior to performance. Tuesday, October 23      Depart: 10:15 am      Approximate Return: 4:30 pm	\$32

### **NOVEMBER 2018 TRIPS**

 <b>GT</b>	<b>Noman M. Cole Pollution Control Plant (Lorton, VA)</b> Tour a state-of-the art wastewater treatment facility that draws visitors from across the country. There will be a step on tour guide with stops at various sites at the facility. Learn how Fairfax County keeps our water clean! Bring money for lunch on your own afterward in Occoquan. Wednesday, November 7      Depart: 9:30 am      Approximate Return: 2:00 pm	\$15
 <b>GT</b>	<b>The Pentagon (Washington, DC)</b> This tour highlights the respective missions of the five Armed Services, the Office of the Secretary of Defense and the Joint Staff, including the mission of the DOD and numerous military displays. Tour lasts approximately 60-minutes and includes extensive walking on a 1.5 mile tour through the building and 0.5 mile walk from Pentagon City parking to tour entrance. <u>Participants must submit Secret Service clearance information at time of trip registration.</u> Bring money for lunch afterwards at Pentagon City. <i>Tour subject to Pentagon approval and availability.</i> Wednesday, November 14      Depart: TBD      Approximate Return: TBD	\$15
 <b>GT</b>	<b>US Army Band - American Holiday Festival (Washington, DC)</b> The United States Army Band's annual holiday concert held in DAR Constitution Hall is sure to delight all with music of the season. "Pershing's Own" Band is comprised of 11 official musical components and numerous chamber ensembles, representing the excellence of today's Army. Friday, November 30      Depart: 6:00 pm      Approximate Return: 10:00 pm	\$15

### **DECEMBER 2018 TRIPS**

 <b>GT</b>	<b>Rosemont Manor Christmas Tea (Berryville, VA)</b> The Manor House Tea at Rosemont is a one of-a-kind experience at Christmastime! Throughout its 200-year history, Historic Rosemont Manor has embodied the graciousness of true Southern Hospitality: a fine old Virginia mansion set on a knoll facing east over the Shenandoah Valley to the Blue Ridge Mountains. Rosemont Manor House Tea is a 3-course tea: including tea sandwiches, scones, and desserts. Each course is served with a specialty tea blended for Rosemont. A brief history of the house and a guided room tour are included. Wednesday, December 12      Depart: 12 noon      Approximate Return: 5:00 pm	\$70
 <b>GT</b>	<b>Riverside Dinner Theater: A Rockabilly Christmas (Fredericksburg, VA)</b> Enjoy a seated gourmet lunch and a wonderful show. Todd Meredith and his band The Rave-Ons celebrate the holiday season with high-energy performances of Buddy Holly's greatest hits along with those classic rock 'n' roll Christmas songs everyone loves like <i>Rockin' Around the Christmas Tree</i> , <i>Jingle Bell Rock</i> , <i>Blue Christmas</i> , and <i>Run, Run, Rudolph</i> . Wednesday, December 19      Depart: 10:00 am      Approximate Return: 5:00 pm	\$71